

EVALUATION: 147 - EVALUATION

QUESTION 1

Everyone has the potential to develop Post-Traumatic Stress Disorder (PTSD) in his or her life.

- ☐ True
- ☐ False

QUESTION 2

There are _____ distinctive psychological phases of a disaster.

- ☐ five
- ☐ seven
- ☐ ten
- ☐ twenty

QUESTION 3

Critical Incident Stress is a normal reaction in normal people to an abnormal event.

- ☐ True
- ☐ False

QUESTION 4

The word "psychological," always implies two factors; cognitive and emotional.

- ☐ True
- ☐ False

QUESTION 5

Victims and operations personnel will benefit from the exact same psychological interventions in the aftermath of a disaster.

- ☐ True
- ☐ False

QUESTION 6

There are seven core elements to a CISM program.

- ☐ True
- ☐ False

QUESTION 7

Time orientation can be disrupted in a disaster situation.

- ☐ True
- ☐ False

QUESTION 8

Of the following, which method is used world wide for assisting disaster operations personnel to recover from disaster relief work?

- ☐ psychoanalysis
- ☐ Critical Incident Stress Management
- ☐ Thought Field Therapy
- ☐ Trauma Incident Reduction

QUESTION 9

Critical Incident Stress Management (CISM) is a cure for Post-Traumatic Stress Disorder (PTSD).

- ☐ True
- ☐ False

QUESTION 10

Critical Incident Stress Management should be provided by:

- ☐ licensed mental health professionals
- ☐ peer support personnel
- ☐ trained CISM team members
- ☐ clergy personnel

QUESTION 11

Crisis intervention is psychotherapy.

- ☐ True
- ☐ False

QUESTION 12

Once the damage has been done by the disaster, you cannot really alter the psychological reactions of disaster victims in a field hospital.

- ☐ True
- ☐ False

QUESTION 13

Any mental health professional can perform good crisis intervention.

- ☐ True
- ☐ False

QUESTION 14

All three of the following conditions have to be present to develop Post-Traumatic Stress Disorder (PTSD). The victim: 1) experiences a horrible, terrible, frightening, or threatening event 2) displays symptoms that last longer than 30 days 3) experiences a significant disruption to normal life pursuits

- ☐ True
- ☐ False

QUESTION 15

Critical Incident Stress Management contains:

- ☐ group interventions
- ☐ individual interventions
- ☐ organizational and family interventions
- ☐ interventions for individuals, groups, families and organizations

QUESTION 16

People who require help in a disaster will display signs right away. If they do not exhibit signs of needing help, then they are strong enough to "take it" without psychological help.

- ☐ True
- ☐ False

QUESTION 17

Crisis intervention is also known as "emotional first aid."

- ☐ True
- ☐ False

QUESTION 18

Those who provide crisis intervention services to disaster victims have no obligation to provide follow-up services with those victims.

- ☐ True
- ☐ False

QUESTION 19

Common signs and symptoms of critical incident stress can show up in four main categories: 1) cognitive 2) physical 3) emotional 4) behavioral

- ☐ True
- ☐ False

QUESTION 20

Crisis intervention is a _____.

- ☐ substitute for psychotherapy
- ☐ cure for post traumatic stress disorder
- ☐ management system for handling a large scale incident
- ☐ temporary, but active and supportive entry into the life situation of another during a period of acute distress